



Feedback from Thematic Subgroups: September 2009

Thematic Partnership

Health and Well-being Partnership

Progress and issues arising since April 2009

Walking2Health Scheme

Gosport – W2H schemes are delivering 3 walks per week, on average i.e. 150 walks/year. These walks range from 30 minutes to 3 hours in length. No summer update has been received from GBC via Groundwork who delivers the Gosport programme.

Exercise Referral Scheme:

Discussion meeting planned between GBC and NHS Hampshire (October 2009) to look at new options for quality improvements on a scheme in this area.

Health Trainer Scheme

The Health Trainer Service has undergone summer review following the loss of local trainers. The plan for 2009/10 will address the following:

- Recruit new HTs by May 2009
- Training & development Programme (June–July 2009)
- Competence assessments August 2009
- Service re-launch 14 August 2009
- Quarterly reports Oct 2010/Jan 2010/March 2010
- Annual Report (due April 2010)

Healthy Schools Scheme (HSS):

Update on key data following the March 2009 Quality Assurance Group (QAG) meeting:

Gosport: 31 schools; 31 engaged and 21 (68%) achieved enhanced status.

The remaining non-engaged Gosport school became engaged in working towards Healthy Schools status during the spring term. Schools moving on to the HSEM by attending Day 3 training in July 09 as follows: Gosport: 7

Weight Management (obesity reduction):

Started delivery from June 08 in the Gosport area.

Service specification and contracts developed for Havant, Gosport and Rushmoor areas. Service providers agreed as follows:

- Gosport target: Weight Watchers and Slimming World – total of 1096 referrals to be made. Service delivery commenced by Slimming World in Gosport – August 2008. Plan to commence on internet service in the autumn 2009.
- by end of June 840 people in Gosport have started their weight management programme

Children's Weighing Programme (childhood obesity reduction):

National Child Measurement Programme (NCMP) 2007/08 complete and results by LA area shared at LPSA 2 Partnership meeting in December (Summary of headlines below)

Year R

Hampshire overall Overweight 13.33% and Very Overweight 8.36%

Gosport Overweight 17.68% and Very Overweight 11.07%

Year 6

Hampshire overall Overweight 13.92% and Very Overweight 15.89%

Gosport Overweight 11.98% and Very Overweight 21.09%

Planning to provide routine feedback to all parents from Sept 2009/10 NCMP

- "Healthy Weight" Coordinator Role in Gosport (LPSA 2). To use Social Marketing approach and link with Change4Life national campaign. Coordinator made contact with all schools in

Gosport. Baseline assessment complete. Successful funding application for additional coaching sessions. Work programme being agreed.

Cook'n'Eat Programme:

- Two Children's Centres in Gosport (Rowner and Little Waves) have been trained to run Cook & Eat

Smoking Cessation (4-week quitters) Quit4life service:

Relations between Quit4life and Gosport BC have been brought closer together (a meeting planned for 13th October) through the agreement of a schedule of joint actions which are aimed at increasing the number of smokers referred into the Quit4life service.

Smokefree H&loW Tobacco Alliance funding is being used to stimulate local district smoke free initiatives. This has evolved into a Smokefree AFC football team covering SE Hants area – it includes playing local matches and promoting smoke free sport and quitting as part of the pre and post match work. AFC Smokefree has joined the Solent League (based in Gosport) and fixtures are arranged including playing Gosport Lord Mayor's Eleven.

This programme has become a flagship initiative and picked up nationally e.g.

...national activity will kick off (so to speak) on the 1st of September and they want to use Hampshire Quit4life to publicise the campaign. This is good in terms of regional Hampshire press as we will be able to get publicity at two levels- Blue Rubicon (PR company) will interview all the players and produce case studies, which we can then have and use regionally and go out with headlines such as "Local Hampshire Boys Launch National Campaign", ideally with a picture of Ian Wright (who is the national mentor for Smoke Free Football). We can also mention here that they will be playing at Portsmouth FC late in September/October and talk about the smoking situation in Hampshire.

Alcohol Brief Intervention Programme:

Phoenix-Futures providing an alcohol brief intervention service in Fareham, Gosport, Havant, and Winchester areas (Central OCU area). This 12-month pilot service receives clients via police custody, GPs, Portsmouth QA Emergency Dept and via Probation Service and Court referral. Effective steering/stakeholder group established around this pilot to offer support and effective partnership communication.

6 alcohol referrals to the brief intervention service have been made from Gosport police custody suite during the period Feb-Jul 2009.

Public Health Workforce Development with Local Authorities

A joint PCT Public Health and local authority (Members and Officers) public health workforce development and knowledge sharing workshop was held 16th June. The next step regarding how greater health and well being outcomes can be secured through joint workforce development will be discussed at the next SE Public Health Liaison Board Executive meeting 16th September.

Main Aims of the Partnership

Work towards delivering its relevant section of Gosport's 2026 Vision in the Sustainable Community Strategy:

To provide:

- a partnership for the Area Lead on Public Health to represent NHS Hampshire (HPCT) to be equally accountable to the district councils within the area (namely, Fareham, Gosport and Havant Borough Councils) in respect of health and well being;
- more local, visible leadership for health and well-being; opportunities for dialogue between member agencies (PCT and Local Authorities) across a range of health planning, general and practice-based commissioning and delivery issues.

Emerging Priorities

How can you make a difference?	1	To increase physical activity across all age groups
	2	To effect a reduction in levels of obesity in children and adults
	3	To promote independence and quality of life/well-being amongst older adult population groups

Links to Hampshire Local Area Agreement Priority Outcomes

LAA Theme:	F	Promote the health and well-being of people in Hampshire <ul style="list-style-type: none"> • Manage the risk of emergency hospital admission and length of stay, especially for vulnerable people • Provide information and support to older people to enable them to live independently • Improve health and well-being of people in Hampshire and reduce inequalities between areas of Hampshire with high and low deprivation scores • Promote independent living for vulnerable people and families • Tackle alcohol misuse and its impact on health and crime 	
Chairman			
Name:	Councillor Peter Edgar		
Organisation:	Gosport Borough Council		
Address:	Gosport Borough Council, Town Hall, High Street, Gosport, Hampshire PO12 1EB		
Telephone:	023 9258 4242		
Email:	Peter.edgar@gosport.gov.uk		
Gosport Partnership Board: Representative			
Name:	As above		
Membership			
Organisation		Representative	
NHS Hampshire		Neil Lockett Area Public Health Lead SE Hampshire	
Fareham Borough Council		Councillor Brian Bayford	
Gosport Borough Council		Councillor Peter Edgar	
Havant Borough Council		Councillor Andrew Lenaghan	
Meetings Held and Arranged			
Date:	15 th December 2008	Date:	10 th December 2009
Date:	16 th March 2009	Date:	10 th March 2010
Date:	9 th June 2009	Date:	
Date:	16 th September 2009	Date:	