



Feedback from Thematic Subgroups: March 2009

Thematic Partnership		
Health and Well-being Partnership		
Main Aims of the Partnership		
<p>Work towards delivering its relevant section of Gosport's 2026 Vision in the Sustainable Community Strategy:</p> <p>To provide:</p> <ul style="list-style-type: none"> • a partnership for the Area Director of Public Health for Hampshire Primary Care Trust to be equally accountable to the district councils within the area (namely, Fareham, Gosport and Havant Borough Councils); • more local, visible leadership for health and well-being; opportunities for dialogue between member agencies (PCT and Local Authorities) across a range of health planning, general and practice-based commissioning and delivery issues. 		
Emerging Priorities		
How can you make a difference?	1	To increase physical activity across all age groups
	2	To effect a reduction in levels of obesity in children and adults
	3	To promote independence and quality of life/well-being amongst older adult population groups
Links to Hampshire Local Area Agreement Priority Outcomes		
LAA Theme:	F	<p>Promote the health and well-being of people in Hampshire</p> <ul style="list-style-type: none"> • Manage the risk of emergency hospital admission and length of stay, especially for vulnerable people • Provide information and support to older people to enable them to live independently • Improve health and well-being of people in Hampshire and reduce inequalities between areas of Hampshire with high and low deprivation scores • Promote independent living for vulnerable people and families • Tackle alcohol misuse and its impact on health and crime
Progress and issues arising since September 2008		
<p>Walking2Health Scheme</p> <p>Gosport – W2H schemes are delivering 3 walks per week on average i.e. 150 walks/year. These walks range from 30 minutes to 3 hours in length. Jan-Dec 2007 recorded a total of 1554 walkers. Jan-Jun 2008 has recorded 823 walkers participating.</p> <p>Health Trainer Scheme</p> <p>All Health Trainer Services have been in operation since the end of October 2008. There are 2 part-time Health Trainers in the Gosport area employed and managed by Gosport Voluntary Action. The HTs are delivering one to one sessions with individuals in targeted areas of Gosport (Town Quay, Bridgemary and Rowner). The service is by self-referral and through primary care signposting of appropriate individuals with CVD risk factors. The services are heavily advertised in this area by the commissioned organisations that have made strong community links. A data collection system is in place and monitoring data will be available soon. In addition, Probation Service Health Trainers are also working in Fareham, Gosport and Havant, delivering directly to individuals going through probation. Monitoring data will be available for this in the New Year.</p> <p>Healthy Schools Scheme (HSS)</p> <p>Gosport 31 schools; 30 engaged and 18 (58%) achieved enhanced status. The school statistics remain as above as no SE schools submitted for HSS status at the October 2008 Quality Assurance Group meeting. Two Gosport schools came forward in October to attend refresher training as they have yet to achieve status.</p>		

Weight Management (obesity reduction)

Training and development for Primary Care. On target to start delivery from June 08 in the Gosport area.

Plan a training programme for wider workforce e.g. exercise referral leads for Sept 08.

Plan to commission an additional 2450 12-week weight management programmes in Specialist Wt. Management Programmes. Agreed target deliveries in the Havant and Gosport areas of (outcomes 5-10% wt loss at end of 12 week programme; average wt loss of 0.75 kgs. per week and wt loss maintained at 6 months and 12 months). Delivery on target to commence from June 2008.

Service specification and contracts developed for Havant, Gosport and Rushmoor areas. Service providers agreed as follows;

- Gosport: Weight Watchers and Slimming World – total of 1096 referrals to be made
- Havant: Weight Watchers and Rosemary Conley – 1354 referrals to be made
- Rushmoor: Slimming World (together with existing option to refer to Rushmoor Healthy Living Centre) – 1130 referrals to be made

Service delivery commenced by Slimming World in Gosport – August 2008

Plan to commence an internet service in the Autumn.

Children's Weighing Programme (childhood obesity reduction)

National Child Measurement Programme (NCMP) 2007/08 complete and results by LA area shared at LPSA 2 Partnership meeting in December (Summary of headlines below)

Year R

Hampshire overall	Overweight 13.33% and Very Overweight 8.36%
Gosport	Overweight 17.68% and Very Overweight 11.07%
Havant	Overweight 13.72% and Very Overweight 8.83%
Fareham	Overweight 15.67% and Very Overweight 7.99%

Year 6

Hampshire overall	Overweight 13.92% and Very Overweight 15.89%
Gosport	Overweight 11.98% and Very Overweight 21.09%
Havant	Overweight 14.98% and Very Overweight 20.54%
Fareham	Overweight 15.35% and Very Overweight 13.69%

Planning to provide routine feedback to all parents from Sept 2009/10 NCMP

Change4Life National Programme to be launched Jan 09. Planning to coordinate local promotions and activities with the national programme. Phased approach starting with LPSA 2 schools.

Smoking Cessation (4-week quitters)

Hants F&R Service(HF&RS) ; Havant/ Fareham and Gosport areas plan to link targeted Home Fire Safety visits to Quit4Life service referral pathway. Start date Sept. 08.

HF&RS have received brief induction training from Quit4Life on "raising the smoking issue" during their Home Fire Safety Checks. Start date achieved. HF&RS will report numbers of smokers referred to Quit4Life via Peter Watson (Gosport HF&RS).

Gosport Council's Litterfree: Smokefree Fixed Penalty Notice (FPN) redemption scheme is agreed and ready to roll-out in Gosport area via Enforcement Team. Leaflets produced and implemented with Gosport Enforcement Team (Steve Leaver).

Smokefree H&loW Tobacco Alliance funding process is running to stimulate local district smoke free initiatives and strategies. Closing date Sept-08. This fund is support more engagement with smokers in vascular risk areas (such as Gosport) areas; several new partnership projects will be delivered Jan-Jun 09

- Smoking cessation with "blue-collar" businesses
- "Smokefree Sport" project with partnership working with local clubs

Direct marketing to smokers via their GP practice

Alcohol Brief Intervention Programme

Alcohol BI training programme will start Sep-08, 6 days scheduled to Mar-09. 150 Hampshire practitioners will be trained including GPs and practice nurses plus other front-line staff.

Alcohol BI service providers are engaged in contract negotiations. Phoenix-Futures will provide an alcohol brief intervention service in Fareham, Gosport, Havant, Winchester and Eastleigh areas.

Phoenix-Futures contract agreed and finalised with start date of Dec. 08 and this pilot service will receive some clients via police custody and court referral. Awareness of pilot raised with local CDRPs and LA Community Safety Managers.

Alcohol education and awareness for young people

“Last Orders” is to be delivered by Solomon Theatre Productions who are touring in Fareham and Gosport between the 9th and 18th March 09 and will address the issues of alcohol, sexual health and safety. In addition to the theatre production the students will also have the opportunity to take part in an after-show workshop, which will provide an opportunity to discuss the key issues raised in more detail”. In Gosport the secondary schools receiving “Last Orders” are Quayside Education Centre and Bridgemary School. This project is commissioned by Hampshire Drug & Alcohol Action Team.

GP Local Enhance Service (LES) CVD Risk:

Despite problems with software compatibility with clinical systems which arose after the roll out of the Oberoi software. This is going really well, our target for the end of Q2 (Sept) was to ‘find and assess’ 292 people aged 45-69 years. We exceeded this with a massive 416 cases assessed, which means we are well on the way to achieving the target of 560 for the end of Q3 (data due Jan 09).

19 practices returned forms with details of CVD risk assessments; this includes 4 in Gosport, 9 in Havant and 6 in Rushmoor. Practices have different sized populations and started implementing the assessments at different times so the number of patients seen, varied by practice from 8 to 136. Participating practices in Gosport assessed an average of 16 patients each, Havant 27 and Rushmoor 46.

Pharmacy LES:

Negotiations are ongoing with the Local Pharmaceutical Committee and this service is expected to be rolled out in January in 9 pharmacies within the 3 VI districts. The focus will be on pharmacies in the most deprived areas of these districts who meet the criteria for the LES. Targets will be agreed in the near future before implementation of the scheme.

Workplaces:

Negotiations are ongoing with Rushmoor Healthy Living, supported by RBC, to provide a workplace case finding service, focusing on workplaces who employ Rushmoor residents who are most likely to have high CVD risk. This will focus on businesses who employ Rushmoor residents who are either manual workers or from deprived communities. We are working towards this service commencing in January.

Access for mental health service users:

Work is underway with Hampshire Partnership Trust in Gosport and Havant, to identify the barriers faced by people who have mental health problems, which might prevent them from attending for a CVD risk assessment or from accessing the support services such as smoking cessation or weight management. As well as training key mental health staff to provide brief interventions on weight management, we are seeking feedback from frontline staff and service users on barriers to accessing services, and developing interventions to address these in relation to CVD risk assessments and support services.

Coronary Heart Disease Health Equity Audit:

This is an in depth analysis of the prevalence of CHD and CHD risk factors, mortality, hospital admissions and procedure rates across Hampshire. It builds on the Joint Strategic Needs Assessment (JSNA) and compares need, access and demand for services to identifying inequalities. This report is expected to be completed in December 08.

Home Safety Homechecks (adults 60+)

1st June 2008 to 31st August 2008

8 Disabled 0

Home Safety Homechecks (families 0-5 years)

1st June 2008 to 31st August 2008

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Public Health Workforce Development with Local Authorities

Following the Report from Rhiannon Walters, June 2008 on public health capacities and opportunities

a Tender Information Pack has been sent to 10 potential deliverers of the scoped workforce development programme. Application deadline set for 12th Jan. 2009.

A provider has now been selected and the workforce development programme has been timetable for phase delivery completed by end of May 2009.

Chairman			
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Organisation:	Gosport Borough Council		
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Telephone:	023 9258 4242		
Email:	Peter.edgar@gosport.gov.uk		
Gosport Partnership Board: Representative			
Name:	As above		
Membership			
Organisation	Representative		
Hampshire Primary Care Trust	Noreen Kickham Area Director of Public Health for SE Hampshire		
Fareham Borough Council	Councillor Brian Bayford		
Gosport Borough Council	Councillor Peter Edgar		
Havant Borough Council	Councillor Andrew Lenaghan		
Meetings Held and Arranged			
Date:	15 th December 2008	Date:	10 th December 2009
Date:	16 th March 2009	Date:	10 th March 2010
Date:	9 th June 2009	Date:	
Date:	16 th September 2009	Date:	