

South East Area Public Health Liaison Board Progress Report November 2008

INTRODUCTION

In September 2007 a meeting of the South East Area Public Health Liaison Board agreed further work to be progressed in defining local action to address the three shared public health priorities:

- **To increase physical activity across all age groups**
- **To effect a reduction in levels of obesity in children and adults**
- **To promote independence and quality of life/well being amongst older population groups**

These priorities were supported on the grounds that all are shared public health concerns in South East Hampshire and some which lay outside of countywide health programmes, could draw in new investment through a vascular inequalities focus.

THE WAY FORWARD

1. An Officers Group, comprising representation from the Local Authorities and the Primary Care Trust, met for the first time on 23rd November 2007. The purpose of the meeting was to:
 - Identify jointly agreed outline actions to address the Public Health Priorities identified by the Area Public Health Liaison Board
 - Ensure outline actions build on existing programmes of work being delivered by individual organisations and “add value” through joint working across agencies in the South East Hampshire area.

ACTION PLAN

2. Outlined in **Schedule A** below are the actions proposed and an outline performance monitoring framework for each strand of work. The proposed actions are underpinned by the following themes:

The need to maximise opportunities to implement Hampshire Primary Care Trust's Vascular Inequalities Programme across the South East of Hampshire;

- To expand and extend existing evidence based programmes of action
- To ensure a focus on measurable outcomes for each outline action proposed
- To propose a discrete, focused range of programmes of action to maximise capacity and capability to deliver across Area Health Liaison Board member organisations.

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Priority 1: To Increase Physical Activity across all Age Groups				
Action 1 - Walking to Health Schemes Promote and support the implementation of 'Walking to Health' Schemes across Fareham, Gosport and Havant Borough Council areas	Links with Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)	<ul style="list-style-type: none"> - Number and coverage of schemes - Uptake/numbers participating in Health Walks 	Borough Councils	Ongoing
<p style="text-align: right;">PROGRESS April 2008</p>	<p>Havant – W2H scheme delivered including support to volunteers. New style leaflets and advertising material developed and distributed. Local press and HBC publication 'Serving You' articles have generated a good response. Discussions with other colleagues within HBC to develop some independent walks within the Borough have been held – lack of funding for leaflets has stalled this project.</p> <p>Fareham – W2H The Fareham Walking to Health Scheme is currently being reviewed and options are being explored as to how the database can be managed and maintained. Performance indicators are also being reviewed. Until Feb 2008, 101 walks have taken place, with 2139 participants having attended those walks (average 23 participants per walk). The scheme has 8 active volunteer walks that lead over 30 different walks routes.</p>			
<p style="text-align: right;">August 2008</p>	<p>Gosport – W2H schemes are delivering 3 walks per week on average i.e. 150 walks/ year. These walks range from 30 minutes to 3 hours in length. Jan-Dec 2007 recorded a total of 1554 walkers. Jan-Jun 2008 has recorded 823 walkers participating.</p> <p>Fareham - W2H Jan - August 2008 recorded a total of 1649 residents attending the walks Jan - August 2008 - 64 walks took place Volunteers contributed 117 hours towards this initiative</p>			
<p style="text-align: right;">November 2008</p>	<p>Fareham W2H August - October 2008 - recorded a total of 542 residents attending the walks August - October 2008 - 29 walks have taken place Volunteers have contributed 53 hours towards this initiative</p> <p>The Fareham W2H scheme has recently introduced two 30 minute walks for residents less confident and able to take part in physical exercise.</p>			

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<p>Action 2 – Health Trainers Promote and support the Health Trainers programme across the South East Hampshire area, as a means of addressing key lifestyle risk factors (including physical activity) with vulnerable groups</p>	<p>Links with Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Population coverage of Health Trainer Scheme - Numbers of accredited Trainers 	<p>Hampshire PCT</p>	<p>Existing schemes to be sustained & New Schemes to be implemented from April 08</p>
<p>PROGRESS April 2008</p>	<p>3 generic schemes operating in the area up until March 2008 – levels of activity very low. New scheme commissioned 2007/08 through Probation Service working with offenders in the Havant and Gosport. Review and evaluation of the current schemes across HPCT completed. HPCT resource to be refocused to support delivery of the Vascular Inequalities Programme. Plan to commission delivery of services from local community organisations in Havant and Gosport. Each service to provide access to 1WTE health trainer (2/3 people) based in communities experiencing most disadvantage. Plan to have service operational by Sept 08 (Commission service; recruit May-June; train and induct July – August). Lee to present report and recommendations to the June Board.</p>			
<p>August 2008</p>	<p>Havant Council of Community Services and Gosport Voluntary Action have been commissioned to deliver Health Trainer Programmes in respective areas. PCT Coordinator recruited to support delivery HTs recruited in June. Core Training for HTs delivered from early July. Health Trainers are expected to be delivering by end of September / early-mid October. Service Delivery is based on one-to-one with clients to include behaviour change support and signposting with self-referral and mechanism for recommendation from VI Programme case finding. Target areas to be finalised.</p>			

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<p>Action 3 - Healthy Schools Scheme Continue to support schools across the Fareham, Gosport and Havant areas to participate in the Healthy Schools Scheme as a means of tackling health improvement issues through curriculum and 'whole school' policy interventions</p>	<p>Links with Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Numbers of schools across Fareham, Gosport and Havant participating in the Scheme - Focus themes of work in participating schools 	<p>Reporting through Hampshire PCT for Hampshire activity</p>	<p>Ongoing</p>
<p>PROGRESS April 2008</p>	<p>Report showing numbers % of SE Schools by LA area prepared for March Board meeting. Gosport 31 schools; 30 engaged and 15 (48%) achieved enhanced status. Havant 50 schools; 50 engaged and 31 (62%) achieved enhanced status. Fareham 41 schools; 41 engaged and 31 (76%) achieved enhanced status.</p>			
<p>August 2008</p>	<p>Fareham - Healthwise Streetwise, 380 year 6 children participated in Healthwise Streetwise this year. They participated in 6 scenarios/workshops (Community Safety, Fire and Rescue, Physical Exercise, Healthy Eating, Recycling and Stranger Danger).</p> <p>Update on the figures above Gosport 31 schools; 30 engaged and 18 (58%) achieved enhanced status. Havant 50 schools; 50 engaged and 36 (72%) achieved enhanced status Fareham 41 schools; 41 engaged and 32 (78%) achieved enhanced status Fareham BC have offered to encourage their elected members who sit on school governing bodies to promote further healthy school progress in their nine schools yet to achieve status.</p>			
<p>November 2008</p>	<p>The school statistics remain as above because no SE schools submitted for status at the October 2008 Quality Assurance Group meeting. Two Gosport schools and one Havant school came forward in October to attend refresher training as they have yet to achieve status. This term, the Hampshire Healthy Schools team introduced on-line audit workshops to allow teaching staff to have time out of school to enter their evidence on to the national website. The two events in October attracted SE schools as follows: Gosport 3, Havant 3 and Fareham 1. Two more on-line events will take place in December.</p>			

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<p>Action 4 – Exercise Referral Implement Exercise Referral pilot scheme in Fareham Borough area and evaluate outcomes to support further development</p>	<p>Links with Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)</p>	<ul style="list-style-type: none"> - Numbers participating in referral scheme - Numbers completing programme. 	<p>Fareham BC in conjunction with Hampshire PCT</p>	<p>Commence from April 09</p>
<p>PROGRESS April 2008</p>	<p>PCT Lead Dawson lee.dawson@midhampshirepct.nhs.uk Fareham scheme re-established. Pilot to be evaluated.</p> <p>Hampshire wide Exercise Referral Forum led by Lee looking at standardising schemes across the HPCT area (referral criteria, evaluation and funding). National Toolkit due out in May will support this work.</p> <p>Gap in access for the Havant and Gosport areas identified. Links to the VI Programme (Priority 2 Action 1). Investigating opportunities to address gap. Report to June Board meeting.</p>			
<p>August 2008</p>	<p>National Toolkit has been delayed and we are waiting on this to progress (should be mid-September)</p> <p>Fareham Exercise Referral Scheme January - August: 154 new referrals 22 participants have taken monthly membership out with FLC The scheme is currently being evaluated. Funding is required to continue providing administrative support, which is currently being provided by SLM</p>			
<p>November 2008</p>	<p>Fareham Exercise Referral Scheme January - October: 195 referrals 41 participants have taken a monthly membership out with FLC An evaluation report and presentation on the scheme is to be shared at the Fareham Community Review Panel on 12/11/08.</p>			

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Priority 2: To Effect a Reduction in Levels of Obesity in Children and Adults				
<p>Action 1 – Weight Management Programmes As part of Hampshire Primary Care Trust’s Vascular Prevention Programme establish weight management programmes.</p> <p>These will include :</p> <ul style="list-style-type: none"> - Training and Development Programme for primary care staff to support patients with weight management issues - Commissioning of specialist weight management services to target those with a Body Mass Index (BMI) over 30 and with associated co-morbidities e.g. diabetes and cardio vascular disease (CVD) 	Links with Priority 1 (increasing physical activity) and Priority 3 (wellbeing of older people)	<ul style="list-style-type: none"> - Numbers of practices completing training - % of adult patients having BMI recorded - Numbers participating in specialised Weight Management Services 	Hampshire PCT	Service in Havant and Gosport to be established during 2008/09
<p>PROGRESS April 2008</p>	<p>Training and development for Primary Care. On target to start delivery from June 08 in the Havant and Gosport areas.</p> <p>Plan a training programme for wider workforce e.g. exercise referral leads for Sept 08.</p> <p>Plan to commission an additional 2450 12 week weight management programmes in Specialist Wt. Management Programmes</p> <p>Agreed the Havant and Gosport areas (outcomes 5-10% wt loss at end of 12 week programme; average wt loss of 0.75 kgs. per week and wt loss maintained at 6 months and 12 months). Delivery on target to commence from June 2008.</p> <p>Plan to commission additional services from April 08 onward.</p> <p>Havant- LPSA projects, Sow the Seed and The Food Show with 7 schools in the Borough commence in June. Kenwood Project - Have made a successful link with Kenwood who will be carrying out healthy eating cookery demonstrations followed by practical sessions for the children as a pilot.</p> <p>MEND (mind, exercise, nutrition, do it!) programme has commenced. First course completed showing good results. A further 6 to be run within the next 2 years. Link to Health Trainer development.</p>			

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August 2008	<p>3 Training Programmes delivered. A programme consists of 2 sessions. (Session 1 -Basic wt. management information & session 2 behavioural interventions and referral options).</p> <p>Third of target practices have attended at least session 1 of programme and 4 out of 10 of the 10% most deprived practices have attended. 100% of delegates attending session 2 would use information learned in their practice. Delegates reported most useful aspect of training was guidance on portion control and suitable supporting resources.</p> <p>Service specification and contracts developed for Havant, Gosport and Rushmoor. Service providers agreed as follows;</p> <ul style="list-style-type: none"> • Gosport: Weight Watchers and Slimming World – total of 1096 referrals to be made • Havant: Weight Watchers and Rosemary Conley – 1354 referrals to be made • Rushmoor: Slimming World (together with existing option to refer to Rushmoor Healthy Living Centre) – 1130 referrals to be made <p>Service delivery commenced by Slimming World in Gosport – August 2008</p> <p>Plan to commence an internet service in the Autumn.</p>
November 2008	<p>Slimming on Referral (SOR) scheme operating in the 3 VI areas and with all of the commercial providers (Weight Watchers and Rosemary Conley in Havant, Slimming World and Weight Watchers in Gosport and Slimming World in Rushmoor). Approximately 200 referrals have been made to the scheme (as at 14/11).</p> <p>Plan in place to achieve increased referrals – by publicity, direct communication and via the APAC.</p> <p>Service spec and contract developed for the online weight management service. Delivery to commence (December 08 with Slimming World's Body Optimise website) with additional providers to be commissioned in the New Year.</p> <p>Additional training for primary care staff has been organised for December 08-Feb 09.</p>

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<p>Action 2 – Leisure/Physical Activity Opportunities Scope and define sustainable physical activity opportunities through Borough leisure/recreation/play strategies for children and adults</p>	<p>Links with Priority 1 (increasing physical activity)</p>	<p>Comprehensive information provided by Borough to support signposting from PCT led Weight Management Services</p>	<p>Borough Councils</p>	<p>Review to be completed Spring 08</p>
<p>PROGRESS August 2008</p>	<p>Fareham Currently developing several courses to engage and encourage adult participation in physical exercise (Return to Sport) Women's football, return to running workshops, table tennis.</p>			
<p>November 2008</p>	<p>Fareham Interviews to appoint towards a 9-month contract for a Physical Activity Officer are to take place in the next few weeks. The post holder will be based at FLC and will focus on establishing and developing physical activity opportunities in the community, as well as to raise awareness of local opportunities & importance of physical activity.</p>			
<p>Action 3 Promote and support programmes of work to halt the rise in childhood obesity across the area and in targeted schools (LPSA 2 Childhood Obesity - Gosport 4; Havant 7) reduce levels by 20010/11.</p>	<p>Links with Healthy Schools and Physical Activity</p>	<p>% of children in Year R and Year 6 weighed and measured. Prevalence of overweight and obesity in Year R and Year 6 children. Prevalence of overweight and obesity in Year 6 children in the 11 target schools.</p>	<p>Hampshire PCT</p>	<p>Annual monitoring (coverage and prevalence) 2010/11</p>
<p>PROGRESS April 2008</p>	<p>2006/7 Child Measurement programme – 78% Year R children and 81% of Year 6 children measured. This programme gives a one year snapshot of prevalence of overweight and obesity levels. Results to be used with caution but indicate the prevalence by LA area. Measurement programme will be carried out annually and overtime will give trend data and data that can be used with more confidence. 2006/7 data Year R Overweight England 13%; HPCT 14%; Gosport 17.75%; Havant 15.85%; Fareham 16.38% Obese England 9.9%; HPCT 8.9%; Gosport 10.7%; Havant 11.6%; Fareham 9.48% Year 6 Overweight England 14.2%; HPCT 13.6%; Gosport 14.43%; Havant 13.68%; Fareham 12.72% Obese England 17.5%; HPCT 15.9%; Gosport 21.85%; Havant 19.72%; Fareham 16.8%</p>			
<p>August 2008</p>	<p>2007/08 Child Measurement Programme completed. Initial figures suggest a very good coverage rate (88– 90%) but these have still to be confirmed. Detailed analysis of the data available from Nov 08. LPSA 2 Programme – Target schools offered programme of interventions e.g. Cook & Eat; equipment to increase physical activity and after school clubs. MEND Programmes for overweight and obese children commencing in Havant and Gosport areas. Meeting with providers and regional coordinator in October to review progress and outcomes.</p>			

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Action 4 Implement "Cook & Eat" Programme in targeted schools and communities from April 2008 – 2010/11.	Healthy Schools	Numbers of schools engaged. Numbers of children and adults participating. % uptake of school meals. Increase in fruit and vegetable intake.	Hampshire PCT	Annual report March 2009 March 2010 March 2011
PROGRESS April 2008	Phase 1 of programme. Target schools offered programme and training for staff. Delivery to start in May. Verbal report on uptake by SE Schools. Phase 2 programme will include delivery at community venues (school holidays).			
August 2008	Phase 1 targeted all schools across Hampshire with 20% or more free school meal eligibility (FSME). Phase 2 targeted schools in the South East Hampshire area -all schools with 10% or more FSME were invited to join the programme (n=40). The following schools have been trained (start date of Cook & Eat course): Barncroft Infant School (tbc) Barncroft Junior School (Sep 2008) Bedenham Junior School (Jun 2008) Front Lawn Infant School (Nov 2008) Holbrook Primary School (Jun 2008) Orchard Lea Junior School (tbc) Riders Infant School (tbc) Riverside Community School (tbc) Sharps Copse Primary School (Autumn 2008) Trosnant Junior School (Sep 2008) Warren Park Primary School (Jun 2008)			

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
Priority 3: To Promote Independence and Quality of Life and Wellbeing for Older Population Groups				
Action 1 – Implement the Quit4Life ‘Sign up and Quit’ smoking cessation project, which includes provision of mobile clinic sessions in community settings	Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Numbers taking up local smoking cessation services - Numbers quitting through local smoking cessation support 	Hampshire PCT	Programme to be implemented from April 08
PROGRESS April 2008	The pilot phase Sept-Dec. 07 and early 08 events have not delivered predicted target numbers of service referrals and resultant 4-week quitters. From May 08 new community-level approaches will be made via local council partnership and associated neighbourhood programmes (including support of the SF Hants & IoW Tobacco Alliance activity with councils) to encourage and motivate ‘hard to reach’ groups to use Quit4Life services. New activity to support smoking target via VI Programme lead/ HPCT and SF HloW Tobacco Alliance.			
June 2008	Hants F&R Service(HF&RS) ; Havant/ Fareham and Gosport areas plan to link targeted Home Fire Safety visits to Quit4Life service referral pathway. Start date Sept. 08			
August 2008	<p>HF&RS have received brief induction training from Quit4Life on “raising the smoking issue” during their Home Fire Safety Checks. Start date achieved. HF&RS will report numbers of smokers referred to Quit4Life via Peter Watson (Gosport HF&RS).</p> <p>Litterfree: Smokefree Fixed Penalty Notice (FPN) redemption scheme is agreed and ready to roll-out in Gosport area via Enforcement Team. Leaflets produced.</p> <p>Smokefree H&IoW funding bid application process is running to stimulate local district smoke free initiatives and strategies. Closing date Sept-08.</p>			
November 2008	<p>To support more engagement with smokers in VI areas several new partnership projects will be delivered Jan-Jun 09</p> <ul style="list-style-type: none"> ▪ Smoking cessation with “blue-collar” businesses ▪ “Smokefree Football” project with partnership working with local clubs ▪ Direct marketing to smokers via their GP practice 			
Action 2 – Develop community based intervention services to support alcohol reduction	Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)	<ul style="list-style-type: none"> - Service network and delivery established - Numbers accessing services and programme completion rate 	Hampshire PCT	Implementation from Sept 08
PROGRESS April 2008	A proposal paper on commissioning alcohol BI training and BI service provision has been drafted for discussion at Hampshire Alcohol Partnership Group (HAPG) meeting 10 th June 08.			

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June 2008	Commissioning Plan agreed and pilot providers and contacting process being developed for end of June 08. Implementation plan being drafted end June 08.
August 2008	Alcohol BI training programme will start Sep-08, 6 days scheduled to Mar-09. 80 practitioners will be trained including GPs and practice nurses with other front-line staff. Alcohol BI service providers are engaged in contract negotiations. Phoenix-Futures will provide service in Fareham, Gosport, Havant, Winchester and Eastleigh areas.
November 2008	Phoenix-Futures contract agreed and finalised with start date of Dec. 08 and this pilot service will receive some clients via police custody and court referral. Awareness of pilot raised with local CDRPs and LA Community Safety Managers.

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
<p>Action 3 – Case Finding in Primary Care</p> <p>As part of Hampshire Primary Care Trust’s Vascular Prevention Programme, ‘case find’ in primary care, individuals with increased cardio vascular risk. This will include weight management for obese patients, smoking cessation support, blood pressure/cholesterol monitoring</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Numbers of patients identified as being of CV increased risk - Numbers of CV risk patients receiving interventions around: <ul style="list-style-type: none"> • weight management • hypertension management • smoking cessation • brief interventions around alcohol misuse 	<p>Hampshire PCT</p>	<p>Implementation from Autumn 08</p>
<p>PROGRESS April 2008</p>	<p>Identified examples of CVD case finding elsewhere and shared information; Piloted Oberoi software in 6 practices, then rolled out across Hants Mar 08; Several iterations of LES developed, with input from APACs and PBC lead; agreed by PCCG May 08.</p>			
<p>June 2008</p>	<p>Ready to roll out and Primis team supporting practices to implement Oberoi and with CVD LES templates. Target - Havant: Minimum of 14 practices, 984 assessments; Gosport: Minimum of 8 practices, 525 assessments.</p>			
<p>August 2008</p>	<p>13 out of 31 practices in SE (19/43 total VI area) have submitted first template summarising risk registers. Experiencing some software compatibility problems due to market competition which will reduce maximum number of practices who can participate. Currently exploring alternatives and awaiting further developments from one of key software companies. 2/3 weight management providers have signed contracts and are now receiving referrals of people with high CVD risk. Smoking cessation services already in place. Service specification for alcohol brief interventions developed and discussions with providers underway.</p>			

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<p>Action 4 – HomeCheck Schemes</p> <p>Sustain implementation of local authority HomeCheck schemes as a means of reducing falls amongst older people and supporting independent living</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<ul style="list-style-type: none"> - Numbers of HomeChecks undertaken with adults over 60 years - Numbers of elderly adults 60+ referred into the scheme by community health services 	<p>Borough Councils</p>	<p>Ongoing</p>																															
<p>PROGRESS April 2008 - June 2008</p>	<p>Fareham Andrew Fiske, Head of Strategic Housing, is carrying out a review of this service</p> <p>Number of Homechecks undertaken (adults 60+)</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 60%;">April 07 – June 07</td> <td style="width: 20%; text-align: center;">5</td> <td style="width: 20%;"></td> </tr> <tr> <td>July 07 – Sep 07</td> <td style="text-align: center;">6</td> <td></td> </tr> <tr> <td>Oct 07 – Dec 07</td> <td style="text-align: center;">8</td> <td></td> </tr> <tr> <td>Jan 08 – Mar 08</td> <td style="text-align: center;">5</td> <td style="text-align: right;">2008/09</td> </tr> </table>	April 07 – June 07	5		July 07 – Sep 07	6		Oct 07 – Dec 07	8		Jan 08 – Mar 08	5	2008/09	<p>Number of Homechecks undertaken (0-5 years)</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 60%;">Apr – June 07</td> <td style="width: 20%; text-align: center;">47</td> <td style="width: 20%;"></td> </tr> <tr> <td>July – Sep 07</td> <td style="text-align: center;">53</td> <td></td> </tr> <tr> <td>Oct – Dec 07</td> <td style="text-align: center;">41</td> <td></td> </tr> <tr> <td>Jan – Mar 08</td> <td style="text-align: center;">57</td> <td style="text-align: right;">2008/09</td> </tr> </table>	Apr – June 07	47		July – Sep 07	53		Oct – Dec 07	41		Jan – Mar 08	57	2008/09									
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<p>November 2008</p>	<p>Fareham August - October total number of Homechecks undertaken (adults 60+) Total: 1</p> <p>Fareham Homecheck review of service in respect of 09/10 budget.</p>	<p>Fareham April - August total number of Homechecks undertaken (0-5 years) Total: 31</p> <p>Fareham Homecheck review of service in respect of 09/10 budget.</p>																																	

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<p>Action 5 – Falls Prevention Pathway Development</p> <p>Develop signposting referral links between community health and Homecheck providers as part of integrated Falls Prevention Care Pathway developed during 08/09</p>	<p>Links with Priority 1 (increasing physical activity) and Priority 2 (reducing levels of obesity)</p>	<p>- Development of integrated Falls Prevention Pathway which reflects community schemes</p>	<p>Hampshire PCT</p>	<p>Implementation from 09 (including a fully developed Pathway)</p>
<p>PROGRESS June 2008</p>	<p>Fareham Fareham launched its Older Persons Strategy in February. Independence, Access and Choice 2008 - 2013. The strategy focuses on the quality of life for all older people, not just the 14% who need intensive health and social care services. Fareham has received some funding to train up individuals to deliver exercise to music sessions to older people. Training is being delivered by the Keep Fit Association and will be completed in December 2008</p> <p>The 24th June is Falls Awareness Day. Several new resources have been published to mark this day and most of these highlight the important focus required around assessment and intervention to reduce risk.</p> <ul style="list-style-type: none"> • Post Ambulance Falls Assessment Scheme – where patients are not transferred to hospital but dealt with by ambulance service • Electronic Falls Assessment Tool – for social care and health staff working in the community setting • A Social Care Champions Network – to promote the issue of falls prevention within social service settings • General Falls Training for all staff working with older people • Falls prevention leaflet; ‘<i>Staying Steady</i>’, www.helptheaged.org.uk 			
<p>August 2008</p>	<p>Fareham Keep Fit Association; Seated Exercise to Music training has now commenced, nine instructors are partaking in the training. Potential venues to deliver the weekly session across Fareham are being identified Weekly sessions will be made available to Fareham residents from January 2009</p>			
<p>November 2008</p>	<p>Fareham Instructors are making good progress in the training. Practical exams will take place in December 2008 5 venues have been confirmed where sessions will be delivered from on a weekly basis in 2009.</p>			

SCHEDULE A

Outline Action	Linkage with Other Priority Areas	Performance Monitoring Measures	Lead Agency	Timescales
<p>Action 6 - Public health workforce development project in district Local Authorities</p> <p>Define and map the public health workforce within each district Borough Council and implement a programme to support workforce development which will enhance delivery of activities under each of the three public health priority areas</p>	<p>Links with Priority 1 (increasing physical activity), Priority 2 (reducing levels of obesity) and Priority 3 (wellbeing of older people)</p>	<ul style="list-style-type: none"> - Definition of workforce, services and development needs by Local Authority - Development plan in place - Numbers participating in learning programmes - Learning outcomes and relevance in practice 	<p>Borough councils in conjunction with NHS South Central Education Service (NSCES) project facilitator</p>	<p>Scoping exercise completed by end March 08</p> <p>Development plan implemented from April 08</p>
<p>PROGRESS April 2008</p>	<p>Research carried out with local authorities and completed.</p>			
<p>June 2008</p>	<p>Report completed prior to publication June 08.</p>			
<p>August 2008</p>	<p>To be discussed at Officer Group regarding public health training plan proposal to NESC.</p>			
<p>November 2008</p>	<p>Funding secured and proposal briefing paper for development programme tabled for Executive sign-off.</p>			

MONITORING SUMMARY

- 1 The Officers Group is now established as the central group for the monitoring of project implementation and Action Plan progress. It is accountable to the Area Public Health Liaison Board Executive and will report the updated Action Plan to each Executive Board meeting.

Officer Group Members include:

- Janie Millerchip/Emma Barrett/ Alistair Tait (Fareham Borough Council)
 - Dave Jago/ Mike Smith (Gosport Borough Council)
 - Nicki Conyard/ Richard Wood (Havant Borough Council)
 - Noreen Kickham and Neil Lockett (Hampshire PCT) with occasional attendance from project leads
- 2 The Executive Board has approved the Outline Action Plan and the development of robust project plans for each strand of work. This currently includes key tasks, lead officer, milestones, resource/funding, performance monitoring measures. Projects should demonstrate/ reflect the 'added value' as a result of a joint interagency approach. For each project relevant indicators and targets should be included to support on-going performance monitoring.
 - 3 To support local sustainable public health delivery the NESC project consultant Rhiannon Walters has prepared the report: *Public Health Development in Three South East Hampshire Local Authorities, a report to the NHS Education South Central*, June 2008, for the consideration of the SEPHLB Executive Board. This has been accepted a blue print for developmental work.
 - 4 Funding has been secured through NHS Education South Central (NESC) to support a workforce development programme based on the recommendations of the NESC report. This programme will be delivered over spring/ summer 2009.

Last updated 01 November 2008

Neil Lockett

Health Improvement Partnership & Programme Manager (South East)